

JULY 2026

Hours of Operation:
9:00 AM - 3:00 PM
Wednesday thru Friday

BEAR LAKE SENIOR CENTER
Changing Lives One Meal at a Time

Lunch: under age 60 ~ price ~ \$7⁰⁰ / age 60 & over ~ suggested donation ~ \$6⁰⁰
Lunch Served: Wednesday & Thursday 11:30 AM ~ 1:00 PM
Friday Entertainment @ 11:30 AM; Lunch NOON until 1:00 PM

Take Out: Call 208-847-3141
to Schedule Pick-up Time
Menu Subject to Change
Due to Availability of Food

LOCATED JUST NORTH AND EAST OF THE HELICOPTER PAD
* 300 HOSPITAL PLAZA * 115 S. 4TH STREET *
* MONTPELIER, ID 83254 * 208.847.3141 *

Time	Wednesday	Thursday	Friday
9:00 A.M. 10:00 A.M. 11:30 A.M. NOON 1:00 P.M. 6:00 P.M.	1 Bingo Creamy Chicken Ranch over Noodles :30 Chair Fitness	2 Art Turkey Roll Ups	3 Dustin James Ham Steak / Macaroni Salad
9:00 A.M. 10:00 A.M. 11:30 A.M. NOON 1:00 P.M. 6:00 P.M.	8 Bingo Aloha Chicken :30 Chair Fitness	9 Art Hot Pork Sandwich	10 Heber Dunford Chicken Fried Steak
9:00 A.M. 10:00 A.M. 11:30 A.M. NOON 1:00 P.M. 6:00 P.M.	15 Bingo Ham Pasta Salad :30 Chair Fitness	16 Art Tuna Melt Quilt Guild	17 Steve Allred Meatball over Noodles
9:00 A.M. 10:00 A.M. 11:30 A.M. NOON 1:00 P.M. 6:00 P.M.	22 Bingo Beef Enchilada :30 Chair Fitness	23 Art Chili Cheese Nachos	24 KD Spuhler Taco Potato
9:00 A.M. 10:00 A.M. 11:30 A.M. NOON 1:00 P.M. 6:00 P.M.	29 Bingo Chicken Cordon Bleu :30 Chair Fitness	30 Art 11:30 - Stitchers Grilled Ham and Cheese Sandwich	31 Cordell Green Lasagna